

HIS WORD TODAY
by Rev. William J. Reilly

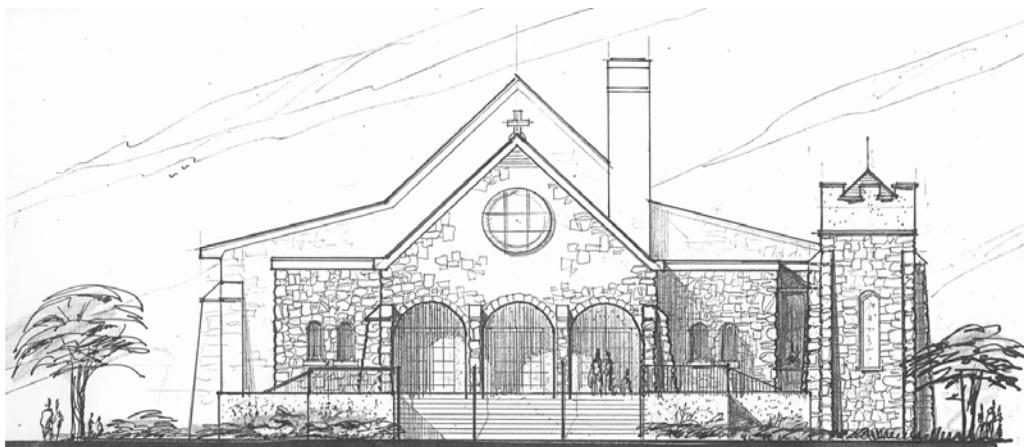
Fourth Sunday
in Ordinary Time
January 28, 2018

“And the Lord said to me: This was well said. I will raise up for them a prophet like you from among your kin, and will put my words into his mouth; he shall tell them all that I command him. Whoever will not listen to my words which he speaks in my name, I myself will make him answer for it. ...All were amazed and asked one another, ‘What is this? A new teaching with authority.’”

Maybe we are not accustomed to read the book of Deuteronomy, but we find Moses, the prophet the spokesperson for God, who requested others to speak and the assembly to listen. As we read the Old Testament, we meet many others who responded to God's call, sometimes reluctantly, to speak in His behalf. Can you name some?

Prophetic voices continue to be heard today, as God calls leaders to teach and guide us. There are the well known teachers as the Holy Father, and our local bishops, assuming the role of teacher. There are others who through baptism assume the role of catechists and teachers of the faith. But there are countless others too who speak through their actions, bringing the mercy and message of the Lord to others.

As we begin this New Year may we open our ears to hear the message, our hearts to carry it out, and discover ways the Lord wishes to use us to do His ministry.



CHURCH OF ST. DENIS

MANASQUAN, NEW JERSEY

STAFF

Reverend William J. P. Lago, Pastor
Rev. Joseph Miele, Weekend Assistant
Rev. Lewis Papera, Weekend Assistant
Mr. George R. Kelder, Jr., Deacon
Mr. Gary J. Pstrak, Deacon
Mrs. Eileen Ziesmer, Pastoral Associate

Ms. Barbara Evans, Director of Rel. Ed.
Mrs. Doris Ramme, Director of Music Ministry
Sr. Josephine Wade, SSJ
Sr. Mary Guyer, SSJ
Mr. Denis Campbell, Trustee
Mr. Gregory W. Boyle, Trustee

BEACH CHAPEL554 East Main Street
RECTORY 90 Union Avenue 732-223-0287 FAX 732-528-1901
CONVENT117 Virginia Avenue 732-292-0772
RELIGIOUS EDUCATION OFFICE119 Virginia Avenue 732-223-1161
ST. DENIS CONFERENCE OF ST. VINCENT DE PAUL SOCIETY 732-223-1383
CHURCH E-MAIL ADDRESS st.denis@verizon.net
PASTOR'S E-MAIL ADDRESS..... w Lago@dioceseoftrenton.org
WEB PAGE ADDRESShttp://www.churchofstdenis.org



MASS SCHEDULE:

Weekday Masses: 7:30 AM– St. Denis Church
Saturday: 8:30 AM – St. Denis Church
Saturday Evening: 4:30 PM (fulfills Sunday obligation)- St. Denis Church
Sunday: 8:00 AM, 9:30 AM & 11:00 AM- St. Denis Church
Sunday: 10:00 AM - Our Lady Star of the Sea Chapel
Holy Days: Evening before: 7:00 PM & day of: 7:30 AM & 7:00 PM-St. Denis Church

SACRAMENT OF RECONCILIATION: Every Saturday from 3:30 until 4:15 PM - St. Denis Church. Also by appointment.

MIRACULOUS MEDAL DEVOTIONS: Tuesday morning after the 7:30 AM Mass-St. Denis Church

BAPTISM: The sacrament of Baptism is celebrated on the second and fourth Sundays of the month at 12:15 pm at St. Denis Church. Parents must complete the required preparation with the priest or deacon and obtain godparent eligibility letters before a date for Baptism will be given. Please call the rectory for further details.

MARRIAGE: Please contact the rectory office for more information about weddings. All couples contemplating marriage are asked to give the priests one year prior notice in order that all the requirements for marriage can be satisfied. Do not reserve the reception hall before contacting the church; your requested date may not be available.

CARE OF THE SICK AND HOMEBOUND: We will gladly bring Holy Communion to anyone who is ill or otherwise unable to get to Mass. Please call the rectory to make arrangements. The priests and deacon make regular visits to the local hospitals. Please call the rectory if any loved one is hospitalized.

RITE OF CHRISTIAN BURIAL: At such times of deep pain and loss, we seek to offer our bereaved families comfort and hope as they commend their loved ones to God. Please note that, in accordance with Church regulations, eulogies are not permitted during Funeral Masses.

RECTORY OFFICE HOURS: Monday through Friday, 8:30 AM to 12:00 PM and 1:00 PM to 4:30 PM. There are no office hours on Saturday & Sunday. Evenings are by appointment only.

NEW PARISHIONERS: Welcome! We encourage new families moving into the area to stop in or call the rectory to arrange for registration.

CELIAC SPRUE PARISHIONERS – Saint Denis provides a low gluten (<0.01% gluten content) host. Parishioners who are gluten-intolerant should see a deacon or priest prior to the start of Mass in order to be included in the reception of the Eucharist.

VISIT US ON FACEBOOK- Saint Denis Parish Facebook page: www.facebook.com/churchofstdenis. You don't need to have a Facebook account to read parish news and updates, but would need one to leave comments and feedback.



MASS INTENTIONS

Saturday, January 27, 2018

- 8:30 am Janet Fahmie by Pat Werdann
- 8:30 am Charles Lorenzo by Terri Welle
- 8:30 am Hugh Monahan by Denise Spina
- 8:30 am Callan Dominic Costa by the Close Family
- 4:30 pm Clay Warnick by his Family
- 4:30 pm Bill Wolfe by his Wife
- 4:30 pm Rose & John Cafone, Sr. by the Children

Sunday, January 28, 2018

- 8:00 am For the People of the Parish
- 9:30 am Joseph J. Rydzewski by Aunt Martha & Cousin Greg
- 9:30 am JoAnn Bryson by Fran & Paul Weeks
- 9:30 am Dennis Gleeson by the Ramge Family
- 10:00 am Philip Valse, Sr. by Joan & Mark Clarkin
- 10:00 am Michael G. Helliwell by the Cocozza Family
- 10:00 am Virginia & Angelo Taborelli by the Family
- 11:00 am John & Theresa Gabler by the Mozer Family
- 11:00 am John Didomenico by Lisa Danese
- 11:00 am Mother & Father by Daughter, Ann DeJacomio

Monday, January 29, 2018

- 7:30 am Mary Huth by her Family
- 7:30 am Robert F. Megaro by Gail & Chris Sanderson
- 7:30 am Charles Korpics by Joe & John

Tuesday, January 30, 2018

- 7:30 am Margaret Cirillo by George & Rose Taylor
- 7:30 am Michael & Zachary Herman by the Family
- 7:30 am Maureen Donnelly by Jen & Andy Mills

Wednesday, January 31, 2018

- 7:30 am Eileen Berardi by Loving Sister, Maureen
- 7:30 am Al Vasquez by Joe & Pat Feely
- 7:30 am Frank Shamy by Marilyn & Gene

Thursday, February 1, 2018

- 7:30 am Michael John Murphy by Sheila & Tim Kearney
- 7:30 am Michael Jiles by Emily Whyte
- 7:30 am Carol Mastrianni by the Tomasuolo Family

Friday, February 2, 2018

- 7:30 am Doug Mastro by Lois & Denis Campbell
- 7:30 am William Egan by Lois & Denis Campbell
- 7:30 am Philip Principe by the Tomasuolo Family

Saturday, February 3, 2018

- 8:30 am Maeve Behan by Maureen & Thomas Hughes & Family
- 8:30 am Diane Orlando by the Tomasuolo Family
- 8:30 am Peter Ferrante by Virginia Coester
- 4:30 pm Jim O'Donnell by Thomas & Maureen Hughes & Family
- 4:30 pm Jimmy La by Susan Schenker
- 4:30 pm Rosemary Tango by Susan Warnick

Sunday, February 4, 2018

- 8:00 am Allen Bessemer, Sr. by Antoinette Baker
- 8:00 am Patrick Cerami by the Conway Family
- 8:00 am Richard Walker by Lucia & Joseph Nitti
- 9:30 am For the People of the Parish
- 10:00 am John Young by his Family
- 10:00 am Michael G. Helliwell by the Burke Family
- 10:00 am Mary Posch by the Flannery Family
- 11:00 am Nancy Charlesworth by Catherine Campen
- 11:00 am Leo Quigley by Terry & Ron DePasquale
- 11:00 am Joan Stoddard by Gary Pstrak

SAINT DENIS PRAYER GROUP - The Prayer Group meets at 12:00 noon each Monday in St. Denis Church. There are no meetings on holidays. All are welcome.

PLEASE PRAY FOR THE DECEASED especially Patricia Schroeder, Robert Granata, Ellen M. Boyle and Chris Menconi.



especially Mary Moran, Steve Ford, Elizabeth Ann Linden, Peggy Andriach, Mary Damico, Eileen Byrne, Amanda Castro, Dolores Palmisano, Holly Boyd, Mary Conlon, Jillian Zito, Jennifer Zito, Albert Wood, Maiya Andrews, Velma Andrews, Stella Thompson, Katie Holbrook, Claire Meachum, Mike Pierce, Thomas Hayes, Jr., Thomas Evans, Catherine O'Connor, Edith Bean, Phyllis Van Salders, Joanne Panzarella, Taryn Rotondi, Joseph Siple, Kathy Wicks, Michael McNulty, Colleen Grady, Richard Koch, Mary Jane Schaaf, Edna Moore, Lisa Pirrello, Joseph Bick, Mary Collins, Ken Kleinlein, Robert Kelleher, Lisa Olivera, Stephen Byrne, Denise Frank,

Lucy Falco, Marie Tashjian, Angeline Hart, Joan Tumbas, Cathleen Brenner, Florence McManus, Nick Ljuljana, Jim Hodgkiss, Patricia Blumenstock, Sue O'Connor, Baby Cayden Joseph, Thomas Fahey, Walter Bronikowski, Baby Kelly Grace, Donna Gaham, Nair Messias, Jennifer Noble, Scarlet Slotnick, Belle & Ashton, John Najar, Patrick Lewis, Tina Pilot, Karen Brown, Elizabeth Morgan, Frank Lopez, Christina Roundtree, Eugene Karpinski, Charlotte Pentek, Joan Samperi, Phillip Graceffa, Christian Russo, Matthew Wernoch, Rose DeMarco, Dee Vulgaris, Michael McGonigle, Baby Evelyn Mizer, Patricia O'Leary, Herbert "Butch" Wolfe, Leanna Rawson, Nannette Forkan, Nicole Giambone, Lisa Dunfee, Albert J. Cifelli, Linda Smith, Brian Alberse, Ray Misch, Stanley Bevan, Windell Rainey, Sadie Svenson, Barbara Magda, Paul Tuyp, Nancy Murphy, Bernadette Bevan, George Leonard, Frank Bonavita, Joel Rivera, Teresa Hayes, Jeanne Hayes, Irene Hayes, Ronnie Micciulla, Cindy Tomkins, Joseph Fiamingo, Baby Colton Gardella, Ernie Donnelly, Anita McCudden, Baby Siena Grace Pizzillo, Samara Pirrong, Donna Schwear, Helen McGowan, Patricia Lannon, Karen Williams, Timothy Michal Przywara, Christopher Kurtanick, Wes Pal, Neil O'Callaghan, Claire Kessler, Siobhan Vuono, Linda Lowery, Kathy Perusi, Alan Singer, John Danczuk, Linda Custode, Marty Pirrong, Edward Romanko, Harold Hoppe, the Pilots, the Nesbitts and the Campbells.

2017 CONTRIBUTION STATEMENTS

If you wish to receive a statement of your 2017 contributions, please complete and return this form to the rectory by way of the collection basket or mail to: St. Denis Church 90 Union Ave. Manasquan, NJ 08736 (attention: Betsy). You may also email your request to: st.denis@verizon.net.

Name _____

Address _____

Telephone number _____

YOUTH GROUP NEWS-Even if you haven't been to Youth Group in a bit, or ever, now's the time to join in! The next meeting is **Sunday, January 28th** in the cafeteria from 6:00-7:30 pm. We need all 8th graders and high school students interested in the Diocesan Youth Conference to come to the meeting to sign up. It is free if you sign up with the Youth Group. **Save the date for Diocesan Youth Conference - #BeFearless** February 10th. For more info go to <https://dioceseoftrenton.org/dyc> (If you can't be at the meeting, email John Ringo at email stdenisyg@yahoo.com (**Parents:** please see the website for a description of this once-a-year great program that your children will greatly benefit. Contact John Ringo if you would like to drive/attend with us.)

CHRISTMAS FLOWER DONATIONS were made in honor/memory of: Frank Welle, Matthew James Garrett, Rev. Charles F. Moore, Marion McRae, Kathleen Flannery & the McKeever/Badaracco Families.

THANK YOU! Sincere thanks to all of you for your generous Christmas offerings to our Church. Our 2017 Christmas Collection amounted to \$85,411.00. Your spirit of generosity to our parish is greatly appreciated.



January 1, 2018

Collection - \$1,595.00

Average Envelope Donation - \$18.77

January 7, 2018

Weekend Collection- \$12,479.00

Average Envelope Donation- \$26.92

Second Collection (Debt)- \$5,076.00

Average Envelope Donation- \$19.21

THANK YOU FOR YOUR GENEROSITY !

Message from Father Bill

Last week, the Knights of Columbus shared information with the parish about the work of the Knights on behalf of persecuted Christians in the Middle East. They also have prayer cards in the entrances, and I ask that we all join in prayer, and in particular, a Novena of Prayer for persecuted Christians that we will have during Lent from March 11 to 19. Following is important information from the K of C website:

A year after the U.S. House of Representatives and State Department declared that ISIS was committing genocide against Christians and other religious minorities, the Knights of Columbus are continuing their humanitarian support for persecuted Christian communities in the region by contributing nearly \$2 million in new assistance.

The Knights of Columbus donation includes support for: Medical clinics in Iraq, Easter food baskets for displaced Christians under the care of the Archdiocese of Erbil, General relief for the Christians of Aleppo, Syria, via the city's Melkite Archdiocese, Support for the Christian refugee relief programs of the Syriac Catholic patriarch. The K of C has raised more than \$12 million for Christian refugee relief since 2014.

The Knights spearheaded the campaign that led to the genocide declaration by the State Department. As part of the effort, the organization and its partners prepared a nearly 300-page report on the genocide being carried out against Christians by ISIS and other extremist groups. The State Department's declaration was only the second instance in which the U.S. government declared an ongoing situation to be genocide. Donations to support Christian refugees can be made at www.christiansatrisk.org

I invite all the men of the parish to speak with a Knight and go to a meeting to learn more about being a part of the great work of the Knights.

FOR THE LOVE OF GOD... PRAISE & SING- Come, praise our Lord with contemporary Christian music. 30 minutes of prerecorded music with lyric sheets provided. Every First Friday at 7:00 pm in St. Denis Church. For more information call Allison Penkethman 732-528-4976

CHILDREN'S LITURGY- All children (ages 4-7) are invited to participate in the Children's Liturgy of the Word during the 11:00 Mass on the 2nd Sunday of the month. Children will proceed to the church basement before the first reading and return during the offertory. Volunteers are needed for this ministry. If interested, call Debbie at 732-223-9823.

ST. DENIS PARISH JUNIOR CHOIR

All youth from 2nd grade through high school are welcome to join the St. Denis Junior Choir. All music and materials will be provided. Come to a practice and have fun singing with us on Wednesday evenings in St. Denis church, 6:30-7:15 pm. For more information, please contact: Caroline Woodrow at (732) 513-0108 or by email: carolinenj@aol.com New members are always welcome!





The St. Denis Bereavement Group is gathering for winter sessions. If you would like to join us and share insights and challenges of mourning you are very welcome.

Wednesday, 11:00 am-12:00 pm

St. Denis Rectory Office

Contact Eileen Ziesmer at (732) 223-0287/

eileenziesmer@gmail.com

to let us know you will be joining us!

CATHOLIC SCHOOL OPEN HOUSES:

Saint Peter School– 415 Atlantic Ave, Point Pleasant Beach– Sunday, January 28, 2018, 1:00-2:00 pm–Family Mass. Monday, January 29, 2018– Open House, 9:00-11:00 am. We teach respect, reverence, and responsibility in a challenging academic setting. Full-day Kindergarten and an aftercare program are available. Kindergarten registration will take place on Tuesday, February 6, 2018, 9:00-11:00 am For more information call 732-892-1260 or visit www.stpschool.org

Saint Catharine School–2nd & Salem Aves., Spring Lake– Wednesday, January 31, 2018– Catholic Schools Week Open House–8:30-10:30 am & 12:30-2:00 pm Catholic Schools Week Mass– Friday, February 2, 2018 at 9:00 am in the school gym. Applications for all grades, Pre-K 3 Program to 8th, will be accepted through February 9th. Registration information is also available on the school website www.stcatharineschool.net under the Admissions tab.

Saint Dominic School–250 Old Squan Road, Brick–Sunday, January 28, 2018 10:30 am-12:00 noon–Open House and registration Tuesday, January 30 & Wednesday, January 31, 2018 9:00-11:00 am & 1:00-2:00 pm– Open House & Registration Saint Dominic School conducts an academic program for pre-school-eighth grade that fosters faith, promotes personal growth, and develops the full potential of each child. Opportunities are provided for athletic, cultural, and social experiences that give students the tools and skills they need to succeed in the world ahead of them. For more information, please visit www.stdomschool.org or call 732-840-1412.



**SAINT DENIS
ST. VINCENT DE PAUL FOOD PANTRY
732-223-1383**

Msgr. O'Connor Hall (lower level of church)

HOURS

EVERY TUESDAY: 1:00 PM – 3:30 PM and
3RD & 4TH SATURDAY: 10:00 AM-12:00 NOON

Items needed at this time: macaroni & cheese, canned tuna, canned chicken, Spam, instant plain rice, instant mashed potatoes, pancake mix, non-refrigerated boxed milk, canned evaporated milk, all fruit juice (both large bottles & juice boxes), crackers, microwave popcorn, dish liquid and tissues. Parishioners are asked to place their non-perishable donations in the shopping cart that is located in the gathering space near the stairwell to Msgr. O'Connor Hall. **Non-perishable food may be brought to the Beach Chapel.** Please check the expiration dates of your donations. Thank you.

SAVE THE DATE– March 24, 2018...

Late Nite Catechism... Sister's Easter Catechism: Will My Bunny go to Heaven? Join us at 7:30 pm in the cafeteria of the St. Denis School Building for this fun and engaging evening. General admission is \$35. Tables may be reserved with the purchase of 8 tickets. Wine & light refreshments will be served. Proceeds will benefit Vincent's Legacy, the furniture Ministry of the Society of St. Vincent de Paul, Trenton Council. Tickets are available at <https://sisters-easter-catechism.eventbrite.com> If you have questions, please: contact KBrady@svdptrenton.org



ST. DENIS ELIZABETH MINISTRY: AN INVITATION TO WOMEN-

We are looking to restart The Elizabeth Ministry at St. Denis Parish. The Elizabeth Ministry is a group of women who affirm, encourage, assist and pray in response to the needs of women during the child-bearing years and beyond. We are looking to begin a Mommy and Me group, reach out to the families of newly baptized, and get together once a month for fellowship and support. To get involved in this wonderful ministry or to ask any questions, please contact **Eileen Ziesmer at eileenziesmer@gmail.com or 732-223-0287.**



YOUNG ADULT GROUP–St. Rose Parish has a great group of young adults that get together for fun and fellowship from time-to-time. All local young adults are welcome. Check out their Facebook Page: Belmar Area Catholic Young Adults.

HENRY B. KING MEDICAL BRIGADE BON VOYAGE FUNDRAISER will be held Saturday, February 10, 2018, 1:30-5:30 pm at River Rock Restaurant & Marina Bar in Brick. The Henry B. King Medical Brigade serves the poor and sick of Honduras. The cost for adults is \$45 for pre-sale and \$50 at the door, children \$10, (includes buffet, open bar & entertainment). There will also be a 50/50 raffle and a silent auction. Donations of vitamins, hats & toys are greatly appreciated. Presale is available at www.hbking2018.eventbrite.com For more information call 732-245-3332 or email scottyabercrombie@gmail.com

**THE SOCIETY OF
ST. VINCENT DE PAUL**



The St. Denis Conference of the Society of St. Vincent de Paul serves everyone living in the parish neighborhood, whether they are parishioners or not, since all are joined together through the realities of creation and redemption. Our conference recognizes our responsibility toward all of our neighbors as brothers and sisters in Christ. If you would like to find out more about our ministry, come to one of our general meetings which are held on the first and third Tuesdays of the month at 7:00 pm in Msgr. O'Connor Hall (church basement). Our next meeting will be on Tuesday, February 6, 2018.

If you are in need of assistance, please call our hotline 732-223-1383.



ANNUAL BLESSING OF THE THROATS

In honor of the Feast of Saint Blaise,
celebrated February 3, 2018
throats will be blessed
after all Masses next weekend,
Saturday, February 3rd and Sunday, February 4th.

D.O.V.E.S. (Dedicating Our Values Every Second) 2018

TEEN SERVICE TRIP– Have a desire to serve others while making new friends and enriching your faith? Then the DOVES teen mission trip is for you! Registration is open for the DOVES 2018 service trip to Dover, DE from June 24-June 29, 2018. This trip is organized through Catholic HEART Work Camp. (See www.heartworkcamp.com). Students and chaperones “camp” in a local school for the week, assisting needy residents and community organizations with painting, gardening, cleanup and other service projects. The eleventh annual trip is open to students who will be in ninth grade or higher in Fall 2018. The cost is \$465, including meals, lodging and transportation. (Fundraising reduces the transportation portion.) For more information, contact Ellen Easton, 732-278-0954 or email eeaston@verizon.net.

VOLUNTEERS NEEDED– The Center in Asbury Park is in need of folks who can be on a schedule to pick up food and bring it to The Center. *Wednesday and/or Friday mornings, pick up at the Garden State Parkway, exit 100 (you can access the GSP restaurants off of Belmar Blvd.–no need to go on the GSP). If you can help, or need additional information please call Clark Shannon 732-774-3416, ext. 121.

FREE AARP TAX AIDE PROGRAM– The volunteer counselors of the AARP Tax Aide Program will prepare and electronically file your federal and New Jersey income tax returns at no cost. While special attention is paid to those over the age of 60, all taxpayers with low to moderate incomes are welcome. Returns will be prepared, by appointment only, on Tuesdays between 9:00 am and 1:00 pm, beginning February 6th, at St. Martha Church, 3800 Herbertsville Road in Point Pleasant. To schedule an appointment please call the Senior Beehive office at 732-810-5890. Please bring photo ID, your 2016 tax returns and all 2017 documents.



especially Navy Lt. JG Rachael M. Honrath, Navy MIDN Nora N. Honrath, Army Captain Christopher Cauda, Army Captain Matthew Cauda, Navy LL. Edward P. Windas, Marine Lance Corporal Laura Licata, Contractor Benjamin Ostrow, Air Force Captain David Smith, Senior Airman John J. Kosequat, Navy HM3 Kevin John Kircher, Army Captain Sean Fessenden, Navy Captain Colin S. Walsh, Army Captain Dr. Justin Eisenman, Army 2nd Lt. Brian Quinn, Navy E4 Patrick Moynihan, Army Captain Michael Potoczniak, Air Force 2nd Lt. Dominic Celiano, Air Force Academy Cadet 3rd Class Slade Kelling, Air Force Academy, Coast Guard FN Joseph Beattie, Navy CM Taylor Nesbitt, Airman Devon Webster, Navy Chief Petty Officer James DeLuise, Army Private 1st Class Cody Svenson, Army, Navy Ensign Mary T. Herman and Matthew Van Pelt, Army.

Recovery Corner

Are You in AA or NA? If so, you may like our one-hour meeting at St. Denis where we study a 12-step Recovery Bible. It’s the best-selling Recovery Bible out there and people in recovery LOVE IT because we know our higher power is Christ and we can grow closer to Him by reading His Word! Meetings are at 10:00 am in the school building AND 7:00 pm in Msgr. O’Connor Hall (St. Denis basement) on Thursdays. Call 848-333-7085 for more info.



RAFTS– “Recovery Advocates For The Shore” located in Manasquan, is a non-clinical, non-profit, peer-based community organization serving the recovery needs of individuals and their families struggling with behavioral or substance addiction. It is free of charge. 1-833—2BSOBER www.raftsnj.org

ADORATION OF THE BLESSED SACRAMENT WITH BENEDICTION-Fridays 12:00-1:00 pm. Come join us in Saint Denis Church on Fridays. Spend a few minutes praising, thanking and just being with Jesus.

DIOCESAN RESPECT LIFE WEBSITE– Please visit the Respect Life website of the Diocese of Trenton at respectlifetoday.org. You will obtain important information concerning respect life issues in our diocese and in our world.

THE DANIEL PLAN- GOD'S PRESCRIPTION FOR YOUR HEALTH- JOIN US... and CHANGE YOUR LIFE TODAY!

The Daniel Plan is a groundbreaking healthy lifestyle program founded on biblical principles and focused on The Five Essentials: **Faith, Food, Fitness, Focus and Friends.** The program is an innovative approach to optimizing your health in each of these life areas, setting goals, and providing support and encouragement. **WHO:** Anyone looking to improve his/her health **WHEN:** **Wednesdays, at 7:00 pm** **WHERE:** St. Denis School Building **LEADER:** Monica Butler **Contact Eileen in the parish office with any questions (732)-223-0287.**

PARISH COUNSELING SERVICES– Through a joint effort of the Diocese of Trenton and Catholic Charities, licensed professional counselors are available to help parishioners with difficult issues that interfere with day-to-day functioning. The service can be accessed by contacting your pastor or parish priest who will provide additional information and a referral. The fee is \$75 per session. If needed, financial assistance for short term counseling (up to 6 sessions) is available through the Diocese of Trenton Parish Counseling Services.

HEALING THE WOUNDS OF ABORTION–The psychological and spiritual wounds of abortion can be sharp, deep and crippling. You may feel a deep numbness and may not be able to name the pain or recognize any of the symptoms. You do not have to continue to hide in shame and fear. Rachel’s Vineyard’s Retreat is a chance to focus on this painful time in your life through a supportive non-judgmental process, in an atmosphere of confidentiality, understanding, and compassion. It is designed to help both women and men experience the mercy and compassion of God. If you have suffered through an abortion and have isolated yourself from healing and forgiveness, you might consider attending one our retreat weekends. For more information, contact Judy Warkiewicz at 732-536-6871. All inquiries are strictly confidential. 2018 Weekend Retreats- February 16-18 and August 24-26.

Community News

COME AND “SEA” DISCERNMENT WEEKEND- February 2-4, 2018, 5:00 pm on Friday-2:00 pm on Sunday. Curious about religious life? Asking what difference would this life choice make for me and the life of the world? Come and join other women and men, ages 21-45, who are experiencing these questions. At St. Mary by-the-Sea Retreat House in Cape May Point, you will have the opportunity to walk with others who have similar feelings in their hearts. Vocation directors from Delaware Valley will lead the group in prayer and guided reflection to help each person discern God’s call...no stress or pressure. Come for God’s grace and invitation and the sea. “Ask Jesus what He wants from you and be brave!” Offering for the weekend: \$60 per person (\$30 deposit). For registration or more information email sisterceleste@ssjphila.org

CATHOLIC WOMEN OF ZION-CHAPTER 1- All women are invited to a Retreat Day at Holy Family Church, 1139 County Line Road, Lakewood. The day consists of Mass, prayer, music, a speaker, sharing, networking, and prayers for healing. Carol Bulcroft and Colleen Kelly-Rayner invite you as they share “Hugged By Mary” Date: Saturday, February 10, 2018 Time: 8:00 am-12:00 pm Mass: 8:00 am Admission is \$20 and includes lunch (pay at the door). For reservations call 732-363-0139, ext. 777 by Tuesday, February 6th or register online at CWOZ.ORG.

WORLD MARRIAGE DAY- FEBRUARY 12, 2017;
NATIONAL MARRIAGE WEEK (February 7-14, 2018) -
The U.S. Catholic Bishops and the Department of Evangelization and Family Life announce the annual commemoration of World Marriage Day (WMD) and National Marriage Week. WMD is celebrated on the second Sunday in February to honor husband and wife as the foundation of the family and salute the beauty of their faithfulness, sacrifice and joy in daily married life; visit wmd.wmme.org for more information. National Marriage Week (February 7-14) is a collaborative campaign to strengthen individual marriages, reduce the divorce rate, and build a culture that fosters strong marriages. For more information visit www.nationalmarriageweekusa.org. To learn more, contact Peg Hensler, Associate Director of Marriage Ministries and NFP, 609-403-7156; phensler@dioceseoftrenton.org.

LENTEN BIBLE STUDY- Sacred Heart Church, 751 Main Ave. in Bay Head invites you to a Bible Study on Mondays, February 12-March 19, 9:00-11:30 am or 6:30-9:00 pm. The Bible Study, *Journey to the Cross-With Jesus*, will take place in the church hall with light refreshments. Accompany Jesus through the events of His passion, death, and resurrection in this newest Scripture guide of our popular *Keys to the Bible* series. In Jesus’ Journey to the Cross, you can follow Jesus on His jubilant entry into Jerusalem, sit with Him during His last supper with His apostles, pray with Him during the agony in Gethsemane, and stand at the foot of the cross on Golgotha where-with love unto death-He offered His life for our salvation. What a blessed way to spend the six weeks of Lent! There is a \$15 fee to register. Please specify day or evening session to Dawn-Rusinko@yaho.com or 732-899-1398.

THE UPPER ROOM SPIRITUAL CENTER IN NEPTUNE PRESENTS:

Insights About Transference and Counter-Transference-This workshop will focus on new and old insights about Transference and Counter-Transference in the Spiritual Direction relationship and on the vulnerabilities of the Supervision. The day will include input and work with live case-material within small groups. Presenter: Dr. Janet Ruffing, RSM Date: Wednesday, 1/31/18 Time: 9:30 am-4:00 pm Fee: \$75-\$100 (includes lunch) To register or for more information, please call the Upper Room at 732-922-0550. The Upper Room is now on Facebook. Go to www.facebook.com/upperroomspiritualcenter and then click on the “Like” button on the Upper Room’s Facebook page.

LENTEN MISSION-WE THIRST:LESSONS IN MERCY, February 12-16 at St. Aloysius Parish in Jackson- You are invited to an inspirational and informational four-evening series that will explore the epidemic of addiction in our society and our responsibility as followers of Christ responding to those who are suffering. Each evening will cover one aspect of the bio-psycho-social-spiritual model of addiction. Facilitator Nina Corona is an addiction specialist as well as a Professor of Theology at Villanova University. She is a deeply committed Catholic who is equally committed to breaking the addiction cycle in people and communities. She has long experience in addiction; particularly Opioid addiction. She will share with us insights, both scientific and religious, about addiction. So come to “We Thirst: Lessons in Mercy” and be robed in the Light of God and bring a friend, neighbor, co-worker, fellow student, or family member. For more information visit <http://www.ninamariecorona.com/new-events/>

DOWNEY SIDE ADOPTION is holding an orientation for interested persons to learn about adopting older children, school age and up. Refreshments will be served. Place: St. Uriel’s Church, 219 Philadelphia Ave. in Sea Girt 732-359-8434 Date: Sunday, February 18, 2018 Time: 2:00-4:00 pm

ARE YOU A WOMAN RETURNING TO COLLEGE? Scholarships are available from the Woman’s Club of Spring Lake. Eligibility for scholarship consideration by the Woman’s Club of Spring Lake is open to female residents of Monmouth County who have had an interruption in their education; who are now seeking an associate or a bachelor degree and who are currently enrolled or newly registered at an accredited two or four year institution. Applications and information are available at www.springlakewomansclub.org. Applications are due April 9, 2018. For information call Anne Butler at 732-449-3750 or Kathleen Dittman at 732-449-5920.

WEEKLY CHRISTIAN MEDITATION GROUP meets at St. Rose weekly on Mondays (since 1982) at First Presbyterian Church of Belmar from 7:00-7:45 pm. Introduction is given and new members are always welcome. For more info call Gregory at 732-681-6238 or email gjryan@wccm.org

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